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Emily J. Poland, MPH, RN

Professional Experience

2017-present Maine Department of Education Augusta, ME

School Nurse Consultant

- Provide leadership, consultation, and direction for coordinated school health programs
- Serves as liaison and resource expert for local, regional, state, and national school health and policy-setting groups
- Monitors, interprets, synthesizes, and disseminates information regarding health care trends, school nursing practices, health-related policy, and legal issues in school nursing
- Plans and provides orientation, education offerings, in order to foster and promote staff development for school nurses
- Gathers and analyzes data relevant to the school health program in order to monitor standards and promote school nursing excellence and optimal health of school children

2011-2017 Regional School Unit #68, Sedomocha Dover-Foxcroft, ME

School Nurse (Preschool - Grade 8)

- CPR and First Aid Educator for district educators and staff
- Train educators and staff regarding student health concerns
- Conduct health screenings of all students according to state guidelines
- Assess student needs and implement appropriate interventions and ongoing care
- Affirmative Action Officer for school district

2007-2011 School Administrative District #46 Dexter, ME

School Nurse (Preschool - Grade 12)

- CPR and First Aid Educator for district educators and staff
- Train educators and staff regarding student health concerns
- Conduct health screenings of all students according to state guidelines
- Assess student needs and implement appropriate interventions and ongoing care
- Educate students using methods appropriate to their age and developmental level regarding a variety of health issues

2005-2007 Unified School District #253 Emporia, KS

School Nurse (Preschool - Grade 4)

- Trained educators and school staff regarding student health concerns
- Conducted health screenings of all students according to state guidelines
- Educated students using methods appropriate to their age and developmental level regarding a variety of health issues

- Supervised office assistants to meet ongoing and emergent needs of the student body

2002-2005 Newman Regional Health Emporia, KS

Telemetry Nurse (Charge Nurse)

- Assessed patient needs and prioritized tasks to best meet these needs
- Assigned shift nurses appropriate patient loads and supervised the same
- Managed effectively the use of time to accomplish the above tasks while meeting the needs of patients under my personal care
- Communicated with physicians and hospital administration the needs and concerns of the unit and nursing staff
- Documented all necessary information to ensure continuity of care for all patients

1998-2002 Redington Fairview General Hospital Skowhegan, ME

Medical, Surgical, & Pediatrics Nurse

- Assessed patient needs and prioritized tasks to best meet these needs
- Worked with others in a team environment to meet the needs of all patients

Leadership Experience

- President, National Association of State School Nurse Consultants (2021-present)
- State Coordinating Council for Public Health (2017-present)
- Sports Medicine Advisory Committee, Maine Principals' Association (2017-present)
- Chapter Reviewer, School Nurse Resource Manual, 10th Edition (not yet published). Previously published version: *School Nurse Resource Manual: A Guide to Practice* Vicki Taliaferro (Editor), Cheryl Resha (Editor)
- Concussion Management Team, RSU 68 (2013-2017)
- Wellness Team Coordinator, RSU 68 (2011-2017)
- Penquis Region Director, Maine Association of School Nurses (2011-2014)
- Chair, Maine Association of School Nurses Education Committee (2008-2010)
- Maine School Nurse Summer Institute Planning Committee (2010, 2012, 2016 Bates College)
- New England School Nurse Conference Planning Committee (2011)

Education 2019 University of New England Portland, ME
Master of Public Health

1998 University of Maine Orono, ME

Bachelor of Science, Nursing

- Sigma Theta Tau, International Nursing Honor Society